



Pre & Post Care Instructions for Permanent Cosmetics & Microblading

Your application of Permanent Cosmetics and or Microblading will provide years of enjoyment and beauty. The durability of each procedure will depend on the general health of your skin, the intensity of the pigments selected and the number of applications. It has been observed that the softer colored permanent cosmetics tend to fade lightly over 3-6 years but usually won't disappear. During each application appointment, the entire area receives a complete application. The immediate result on the day of application is dramatic and vivid. On the following days, if necessary, lipstick or a light application of concealer or powder will soften the appearance if it appears too intense. Please use new, hypoallergenic and mineral based cosmetics while healing. A significant amount of the the pigment is lost during the healing period (3-10 days). The intensity and borders of the pigment will also soften daily as the skin tissue heals and returns to its normal thickness. All permanent cosmetic and microblading procedures are considered "permanent".

After the first application, please schedule your follow up visit within 45-90 days. During the second application, additional adjustments will be made: the shade may be deepened or softened and shape can be altered. It takes 4-6 weeks before you will see the final color.

BEFORE ALL PROCEDURES:

- 1) Be prepared for your new permanent cosmetics to be dark and unattractive for 2-5 days.
- 2) All of the facial permanent cosmetic procedures can cause temporary tearing and sinus drainage. If you have particularly sensitive eyes or sinuses you may take a non-drowsy antihistamine one hour prior to your visit.
- 3) Please remove contact lenses before eyeliner procedures and leave them out for the first day.
- 4) To diffuse the discomfort associated with this procedure, you may Tylenol 1 hour before.
- 5) To reduce bleeding, avoid ibuprofen, aspirin, alcohol or caffeine before and the day of your visit.
- 6) Please sleep on a clean pillowcase and keep hair off the face the first 2 nights.
- 7) If you will be taking a prescribed anti-viral to prevent fever blisters on the lips please allow our nurse 3 days notice to phone in your prescription and follow prescription instructions.

POST-PROCEDURE INSTRUCTIONS AND CARE:

EYEBROWS: Your new brows will always seem too dark at first! Expect slight swelling, thin scabbing and possible redness for 1-2 days. Beginning after procedure, apply your ointment and disturb the area as little as possible. You may shower as usual, just avoid direct spray and don't rub your brows. A damp tissue and cold gel compress should be used to sooth and reduce swelling as often as 2-3 times per day for the first 2 days. On the 2nd -5th day clean the area gently with your fingertips, shower normally with care and continue to apply a thin layer of provided ointment. Cosmetics may be applied as usual. Color may seem to disappear but will re-bloom during the first month.

EYELINER: Expect slight swelling and redness for 1-2 days. Small blue or red bruises may occur and should fade quickly. If bruising occurs, you may gently apply new hypoallergenic concealer. Apply a very thin coat of provided ointment AM and PM to eyeliner for first 3 days. Use cold compresses to reduce swelling. Purchase new Mascara and use clean or new eye-makeup applicators. Sometimes a slight itching accompanies healing. Do not rub the eye's during healing, use gentle fingertip pressure or tapping to alleviate itching. Color may seem to disappear but will re-bloom during the first month.

LIPLINER / LIPCOLOR: Your new lips will be dark red the first 2 days. Expect moderate swelling, oozing, light scabbing and tenderness for 1- 3 days. The lips may feel chapped for up to 1 week. The lips will heal rapidly if kept moist. Use provided ointment often for the 1st 3-5 days, especially at night. You may use a new, un-frosted, moisturizing lipstick or lip balm beginning on the 3rd day. Color may seem to disappear but will re-bloom during the first month.

IMPORTANT FOR ALL PROCEDURES:

- ~Avoid intense heat or perspiration for 24 hours post procedure.
- ~Do not expose the treated area to tanning beds or long periods of direct sun for 10 days.
- ~Do not scrub or pick at any loose skin, cleanse gently and apply ointment to reduce symptoms.
- ~Avoid saunas, swimming & whirlpools for at least 7 days following procedure.
- ~Do not tweeze, wax, thread or dye brows or wax upper lip for 1 week after associated procedure.
- ~Do not apply exfoliating facial products or retinol products to the treated area for 14 days.
- ~Contact Donna Shepherd promptly with any questions: **Donna's cell /text 706-804-4601**
Email: lipsandeyesbydonna@gmail.com